

# Best Cycling Secrets

IN  
PHOENIX

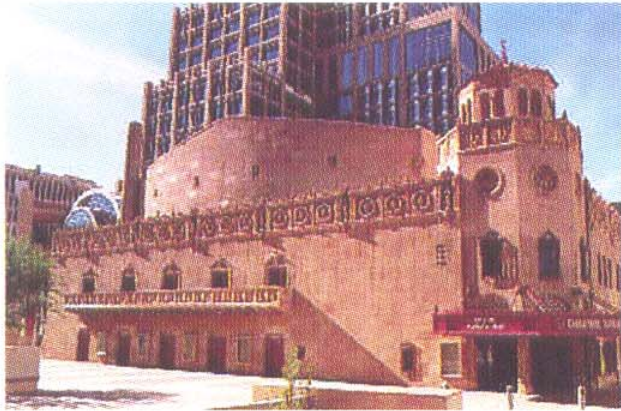


Phoenix  
SONDRAN  
BIKEWAY



City of Phoenix

- By October 1873, the town had a proper schoolhouse on Center Street—later Central Avenue—just north of the present San Carlos Hotel.
- The first newspaper in Phoenix was the Salt River Herald, established in 1878. In 1879, it became the Phoenix Herald. It reportedly was located on 1st Street between Washington and Jefferson.
- On the northwest corner of Central Avenue and Washington, the Garden City Restaurant also featured swimming and bathing.
- The Westward Ho Hotel opened in 1929. Located at the corner of Central and Roosevelt, the hotel was a celebrity magnet, hosting the likes of Lucille Ball, Elizabeth Taylor, Jack Dempsey and John F. Kennedy. A star in its own right, the hotel can be seen in a number of films including Marilyn Monroe's "Bus Stop" and the 1972 flick "Pocket Money," the only film to make extensive use of the Hotel's interior and lush courtyard garden that few Phoenixians have seen.



- In 1929, the Orpheum Theatre opened at 2nd Avenue and Adams and the Arizona Biltmore at 24th Street and Camelback was built. This was also the year the first air conditioner was installed in commercial buildings!
- Many of Territorial Phoenix's Chinese lived in a Chinatown located at 1st Street and Madison from 1890 to the late 1930s. Most of these buildings no longer exist, but construction of America West Arena (AWA) paused to create what has now become known as the Chinatown Project, which includes an exhibit at AWA.

# BIKE RACKS ADD TO CYCLING PLEASURE

In several areas throughout the city, bike racks like these at Bank One Ballpark, near 5th Street and Jefferson, are available. Other racks are prominently positioned at parks, landmarks and destination points, so cyclists have a safe place to lock their bikes while visiting all that Phoenix has to offer.

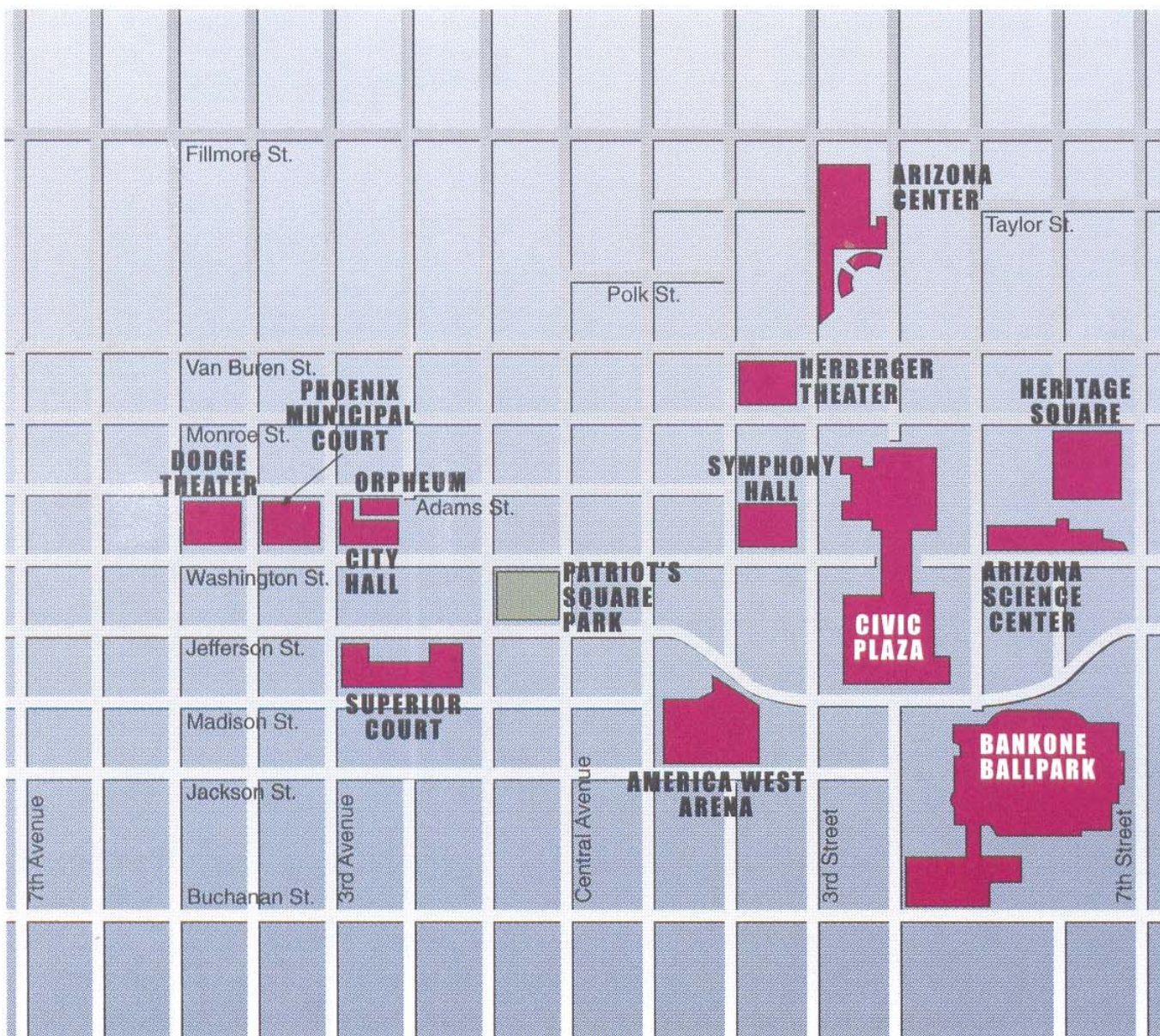


**Cyclists at the BOB bike racks.**

*Dedication: This bike map is dedicated to Gene Berlatsky and the Arizona Bicycle Club who created the Phoenix Sonoran Bikeway. Gene Berlatsky (not pictured) founded the Arizona Bicycle Club in 1964 and was instrumental in gaining more bicycle lanes, helping get bike racks on buses and working to establish the Phoenix Sonoran Bikeway. He passed away in September 2002. Tara Franklin (in the green shirt) was an outgoing, very happy and generous person who passed away in May 2002. She will be greatly missed.*

# DOWNTOWN PHOENIX

Downtown Phoenix is the heart of the Valley. While it's a mecca for government and business, you'll also find cultural events, plays, concerts, museums, sporting events, restaurants and hotels. Copper Square, the City's entertainment and arts district, boasts big city amenities and small town charm.



## **HISTORIC DISTRICTS**

The Phoenix Sonoran Bikeway extends throughout many of Phoenix's most historic neighborhoods, including the Willo Historic District. This neighborhood's homes developed between 1910 and 1942. It is bounded by 1st and 7th Avenues, McDowell and Thomas.



This Phoenix Sonoran Bikeway map is available from the Maricopa Association of Governments at 602-254-6300.

# BE A DEFENSIVE CYCLIST



**Ride defensively** and expect the unexpected when riding your bicycle. Watch for vehicles turning into your path of travel and never assume what a driver intends to do. Using hand signals will communicate to motorists and pedestrians your intentions.

**Always ride with the flow of traffic.**

Motorists aren't expecting a bicyclist on the wrong side of the roadway. Bicyclists must operate their bicycles according to the same rules as drivers of motor vehicles.

**Be visible.** When riding at night, use a white headlight and rear reflector as required by law (ARS 28-817). For additional visibility, use a flashing red taillight and wear light colored or reflective clothing. Scan the roadway for cars, pedestrians and other unexpected hazards such as potholes, glass and landscaping that may limit visibility.

**Be alert and keep control of your bike.** In rain, allow three times the normal stopping distance. When riding through intersections, move to the through-lane and avoid the right-turn lane. Don't ride to the right of of a turning vehicle.

**Always wear a helmet** to make you more visible and protect your head. The helmet must fit well and be properly adjusted to protect you.

**Above all, use common sense.** Be aware of your strengths and limitations. Don't put your life in danger with careless riding. In a collision with a vehicle, a bicyclist will always lose.

For a complete list of Arizona Bicycle Laws, visit  
[www.azleg.state.az.us/ars/28/title28.htm](http://www.azleg.state.az.us/ars/28/title28.htm)

# HISTORICAL TIDBITS

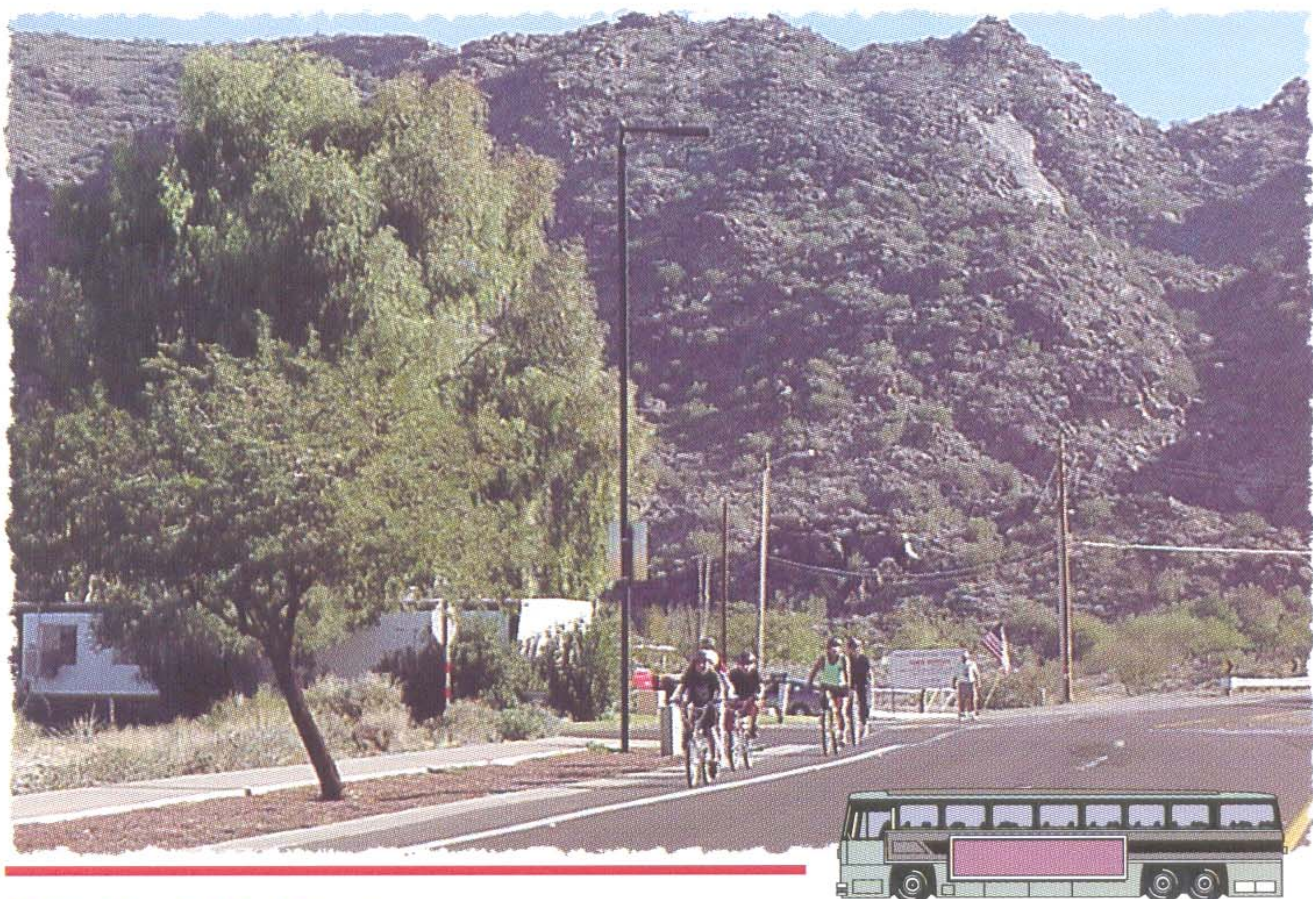
As you cycle through Phoenix along the Phoenix Sonoran Bikeway, you can discover many interesting tidbits about our city. Below is a sampling of the "way it was."

- Pueblo Grande Museum at 46th Street and Washington preserves a prehistoric Hohokam village, occupied from about AD 1 to 1450. The Hohokam were expert farmers, growing crops such as corn, beans, squash, and cotton. They built adobe villages and hundreds of miles of irrigation canals. Drought and floods forced them to abandon the Salt River Valley in the fifteenth century.
- Pueblo Viejo is a Hohokam Cemetery in El Reposo Park, 502 E. Alta Vista Road. It describes a Classic period (circa 1150-1450) cemetery containing 34 cremations that were partly surrounded by a wooden fence or palisade that had burned.
- On February 24, 1863, President Lincoln signed into law the creation of Arizona territory. On Valentine's Day, 1912, Arizona became the 48th state. Congress signed the bills for statehood on February 12, but that was Lincoln's birthday, and the 13th was considered unlucky! Phoenix also became the State Capitol in 1912.
- 116 W. Sherman was the home of Darrell Duppa, an English remittance man who reportedly gave Phoenix its name.
- Phoenix's first hotel was built in 1872 by John J. Gardner and, not surprisingly, was called the Phoenix Hotel. It was located on East Washington, but whether at 1st, 2nd or 3rd Streets is a matter of debate.



## **SOUTH MOUNTAIN PARK**

The Sonoran Bikeway leads cyclists to many of the most beautiful mountain ranges and parks in Arizona. South Mountain Park is the largest City Park in America, with hiking trails, picnic shelters, horseback riding and views of the city. And of course, a five-mile long paved road to the top—great for cyclists who enjoy strenuous rides!



**BIKE ON BUS:** Phoenix was the first major city to equip all of its buses with bike racks. Each Valley Metro Bus comes equipped with a bike rack on the front that holds two bicycles. Bus stops are located along most of the Phoenix Sonoran Bikeway. Call 602.253.5000 for bus stop locations, times, and questions.

# Phoenix SONORAN BIKEWAY

## 1 CAVE CREEK

Cave Creek: Cave Creek was founded in 1890. It was named for the small stream that rises in the hills to the northeast and flows southwesterly for 25 miles before reaching Paradise Valley.

2 Cave Creek Dam: About two miles west of the route on Jomax Road within the Sonoran Reserve. The historic dam structure was built in 1922-23 for flood control purposes. The dam has now been breached and superseded by Cave Butte Dam, but the majority of the structure remains. This multiple-arch reinforced concrete dam was one of the first of its kind to be built in the United States and the first in Arizona.

3 Arizona Canal Diversion Channel: Built in 1883, the ACDC is 38.6 miles long which includes a paved bike path. It transports water to other canals north of the Salt River.

4 Yapple Park Historic District: Composed of residential subdivisions developed between 1928 and 1940. It is bounded by Turney, Grand Canal, 3rd and 7th Avenues.

5 Grand Canal: The Grand Canal is the oldest remaining pioneer canal on the north side of the Salt River. It was planned in 1877 and constructed in 1878 by the Grand Canal Company.

6 Willo Historic District: Composed of residential subdivisions developed between 1910 and 1942. It is bounded by 1st and 7th Avenues, McDowell and Thomas.

7 Roosevelt Historic District: Composed of residential subdivisions developed between 1895 and 1930. It is bounded by McDowell, Fillmore Street, Central and 7th Avenues.

Dynamite Blvd.

Pinnacle Peak Rd.

4 Central Avenue Bridge: Although now replaced by a modern structure, the original Center Street Bridge was constructed at this location in 1911. The 3,000-foot reinforced concrete bridge was the first automobile bridge to span the Salt River.

Bell Rd.

Cactus Rd.

8 Roosevelt Place Subdivision: This 1930 residential subdivision of the Bartlett-Herd ranch includes homes from the 1930s and is representative of the shift from agricultural to urban development in the area south of the Salt River. Roosevelt Place East was developed as a residential tract of irrigated one- and two-acre lots between Central Avenue and 7th Street, on Greenway and Carter Roads. Streets were named for members of Theodore Roosevelt's Rough Riders. Opened in March 1927, one-acre lots sold for \$575 and two-acre lots sold for \$1,150 to \$1,500.

Camelback Rd.

10 Jennings Addition: Located between 9th and 11th Streets between Broadway and Roeser Roads. When advertised in 1928, the subdivision consisted of 28 fenced lots 105 x 317 feet complete with barns and chicken houses. A free Jersey cow and 50 chickens were offered to buyers!

11 Mystery Castle: Located east of Central at the end of the Mineral Road just outside South Mountain Park. Built between 1927 and 1945, the Mystery Castle is one of the most unique expressions of the Folk Art Vernacular architecture in Arizona.

Baseline Rd.

12 South Mountain Park: 1924 and 1933-1942. The Salt River Mountains were well beyond the city limits when acquired from the federal government in 1924. In 1933, a Civilian Conservation Corps camp was established at South Mountain Park as one of the many Depression-era relief programs. With National Park Service master planning, park improvements were constructed between 1933 and 1942. The Park is now the largest city park in America, with desert landscape, hiking trails, picnic shelters, horseback riding and views of the city.

Chandler Blvd.



0 0.5 1 2 3  
SCALE IN MILES

Major Streets

Freeways

Phoenix Sonoran Bikeway

Parks  
Restrooms and bike racks available

Hospitals